

Aussie Burger

INGREDIENTS

- 2 lbs. ground beef
- 1 red onion, finely chopped
- 3 garlic cloves, minced
- 1 egg yolk
- 6 slices fresh pineapple
- 6 eggs
- 12 slices marinated beets
- Sea salt and freshly ground black pepper

DIRECTIONS

1. In a large bowl, combine the ground beef, red onion, garlic, egg yolk, and season with salt and pepper to taste.
2. Form six patties out of the beef mixture.
3. Cook the patties on a grill or BBQ for 5 to 6 minutes per side over a medium-high heat.
4. Grill the pineapple for 1 to 2 minutes per side.
5. Melt some cooking fat in a skillet placed over a medium-high heat and fry the eggs.