



Multi Vita-Min

Product No. 7223

Ingredients: Each two capsules contain - Vitamin A 10,000 IU, Vitamin B1 (Thiamin 1.5 mg.), Vitamin B2 (Ribofalvin) 1.7 mg., Vitamin B6 2 mg., Vitamin B12 6 mcg., Biotin 200 mcg., Vitamin C 100 mg., Vitamin E 30 IU, Vitamin D 400 IU, D Calcium pantothenate 10 mg., Calcium 150 mg., Chromium 200 mcg., Copper 2 mg., Magnesium 100 mg., Manganese 2.5 mg., Molybdenum 25 mcg., Selenium 45 mcg., Vanadyl sulfate 15 mg., Zinc 20 mg., Choline 10 mg., L Carnitine 10 mg., Inositol 25 mg., L Taurine 10 mg., Coenzyme Q10 0.01 mg., Bioflavanoids 25 mg., Grape seed extract 10 mg., Garlic 10 mg., Gymnema sylvestre extract 300 mg., Momordica chirantia extract 200 mg., Fish oil 5 mg., Niacinamide 20 mg., Folic Acid 200 mcg., Potassium 10 mg., MicroNutrients 3 mg., (Proprietary blend of ginseng root, enzyme blend, huckleberry, maitake mushroom, quercetin, brewer's yeast, cedar berry, bromelain and ger 132) 18 mg.

Size: 60

Multi Vita-Min was formulated using a unique combination of vitamins, minerals, enzymes, amino acids, herbs and nutrients, promotes and encourages the body's natural mechanisms to balance vitamins and minerals. Besides diet and exercise, a daily dose of these nutritional requirements can be beneficial in helping the body normalize and to enhance cells' response.

Key ingredients supporting this formula include: Gymnema Sylvestre extract, Mormordica Charantia, Chromium and Vanadyl Sulfate. These ingredients have shown to effectively treat symptoms of diabetes and it is an excellent choice for weight management.

60 Capsules

Supplement Facts

Serving Size: 2 Capsules

Each 2 Capsules Contain	% Daily Value
Vitamin A (Vitamin A acetate 75%, Beta carotene 25%)	10000 IU 200%
Vitamin C (as ascorbic acid)	100mg 166%
Vitamin D3 (as cholecalciferol)	400IU 100%
Vitamin E (as dl alpha tocopheryl acetate)	30IU 100%
Vitamin B1 (as thiamine mononitrate)	1.5mg 100%
Riboflavin (Vitamin B2)	1.7mg 100%
Niacin (as niacinamide)	20mg 100%
Vitamin B6 (as pyridoxine HCl)	2mg 100%
Folic acid	200mcg 50%
Vitamin B12 (as cyanocobalamin)	6mcg 100%
Biotin	200mcg 66%
Pantothenic acid (as calcium pantothenate)	10mg 100%
Calcium (as calcium carbonate)	150mg 15%
Magnesium (as magnesium oxide)	100mg 25%
Zinc (as zinc oxide)	20mg 133%
Selenium (as sodium selenite)	45mcg 64%
Copper (as copper sulfate)	2mg 100.00%
Manganese (as manganese sulfate)	2.5mg 125%
Chromium (as chromium picolinate)	200mcg 166%
Molybdenum (as sodium molybdenum)	25mcg 33%
Potassium (from potassium chloride)	10mg *
Vanadyl sulfate	15mg *
Choline (from choline bitartrate)	10mg *
L Carnitine (from carnitine tartrate)	10mg *
Inositol	25mg *
L-Taurine	10mg *
Coenzyme Q10	0.01mg *
Bioflavanoids (from citrus bioflavanoids)	25mg *
Grape (seed) extract	10mg *
Garlic (bulb) powder	10mg *
Gymnema sylvestre (leaf) extract	300mg *
Momordica chirantia (whole) extract	200mg *
Fish Oil	5mg *
Trace Minerals	3mg *

Proprietary blend of Ginseng (root), pancreatin 8X, protease, lipase, amylase, cellulase, hemicellulase, huckleberry (fruit), maitake (mushroom), quercetin, brewer's yeast, cedarberry (fruit), bromelain, ger132. 18mg *

Other ingredients: gelatin

