



Vita D3 Forte 2000 IUS

Ingredients: Vita D3 Forte 2,000 IUS per drop
Size: 1 Fluid oz.

Vitamin D3 is known most commonly as the “sunshine” vitamin because your body naturally produces it when you are exposed to the sun. As little as 10 minutes of sun exposure can give your body a boost in this essential nutrient. Vitamin D can also be found in several dietary sources like fish, eggs, cod liver oil and fortified milk.

HEALTH BENEFITS

The health benefits of Vitamin D3 vary depending on research. However, some studies show that Vitamin D3 (cholecalciferol) is necessary for retaining bone density and for maintaining the body's immunity against cancers, heart disease, diabetes, weakness, muscle wasting and osteoporosis, among other disorders. Vitamin D3, like all variations in the vitamin D family, is actually a hormone, produced naturally in the body. Most people receive an ample supply of Vitamin D3 from the sun, but with the increased awareness of skin cancer from sun exposure, those who avoid the sun or those who apply heavy sunblock may suffer from a Vitamin D3 deficiency.

Vitamin D3 may also benefit the following conditions:

- Obesity
- Improving mood
- High blood pressure
- Depression
- Fibromyalgia
- Kidney stones
- Chronic Fatigue Syndrome

1 Fluid oz.

SUPPLEMENT FACTS		
Serving Size: 1 Drop (0.04 mL)		
	Amount Per Serving	% Daily Value
Vitamin D (as cholecalciferol)	2,000 IUS	500%

Other ingredients: Water, gum arabic and sesame seed oil

Vita D3 Forte 2000 IUS is an oil-in-water emulsion. Vitamin D oil has been dispersed into microscopic particles to aid absorption and assimilation.

This Product is gluten and dairy free,

